



Hiking Checklist

- ☐ Backpack
- ☐ Hiking shoes
- ☐ Water bottle
- ☐ Moisture wicking apparel
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Food/snacks
- ☐ Sunglasses/hat
- ☐ _____
- ☐ _____